

ABSTRACT

[0055] Provided are methods and compositions useful for treating disease and disorder associated with oxidative damage and the like. The methods and compositions are 5 useful in the treatment of such disorders as Parkinson's disease. The compositions comprise an aqueous medium having dispersed or dissolved therein NAD (or a derivative thereof), glutathione (or a derivative thereof) and may further include an herbal therapeutic agent and/or an 10 analgesic agent, wherein the composition is effective when delivered to the mucosal membrane.